



The Saddlers' Company



National Coaches Training Day 2017/18 Programme

The Clwyd Special Riding Centre, Llanfynydd, Flintshire, LL11 5HN

Date: Wednesday 1st November 2017

Led by: Sue Adams – Wheeler FRDA, UKCC Level 3 & Lynne Munro RDAC, MCSP

With thanks to The Saddlers' Company another series of National Coaches Training Days have been organised regionally. Please see the outline of the programme below:

Programme:

- 10.00am Registration and coffee
- 10.30am Theory – 'The Three Stages of Learning' followed by 'Hippotherapy Works'
- 11.45am Comparing types of horse for RDA sessions and their suitability for different disabilities
- 12.45pm Lunch
- 1.30pm Practical – Embracing progression and the use of an assistant/volunteer in a group session
- 2.45pm Theory – How to recognise good sitting posture, saddle or no saddle and special tack
- 3.45pm Question and Answer session
- 4.00pm Finish

Open to all RDA Trainee, Assistant, Group Coaches and above.

Attendance Fee: £6.00. Places will be limited, so early booking is advised.

Refreshments will be provided – Please bring your own lunch.
Please return the form below with a cheque made payable to RDA and send to:
Lyndsay Wager, Qualifications Co-ordinator, RDA National Office,
Norfolk House, 1A Tournament Court, Edgehill Drive, Warwick, CV34 6LG
Bookings can also be made by telephone on 01926 405971

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National Coaches Training Day – North Wales at
The Clwyd Special Riding Centre, Llanfynydd, Flintshire, LL11 5HN

DEADLINE FOR APPLICATIONS – 2nd October 2017

Surname: Miss/Mrs/Mr _____ Forename: _____

Address: _____

Postcode: _____

Tel.: _____ Email: _____

Group: _____ Region: _____

Position Held: _____ Cheque Enclosed: (Please write your name on the reverse of your cheque)